



COUPLE'S JOURNAL

	MON	TUE	WED	THU	FRI	SAT	SUN
I felt good when my partner...							
I helped my partner today...							
Something good I did for my partner was...							
I was proud of my partner when...							
My partner made me happy when...							
Today I had fun when my partner...							
My partner made me laugh...							
I was grateful for my partner when...							